

# Advanced Edu-Kinesthetics - In Depth

## The Seven Dimensions of Learning & Intelligence

From the time of conception, a child's nervous system goes through a series of specific stages of development. Personal, environmental, biochemical, structural, and/or academic stress can inhibit the effective completion of these key developmental processes. For adults, chronic stress or tension is one clue that developmental skills are incomplete. Edu-K balances create immediate and lasting changes by actually building neurological bridges and pathways within the brain and body that assist in the completion of developmental processes.

This 4-day training builds from Brain Gym® with a simple yet comprehensive approach to learning that respects the individual's integrity while creating positive change from a causative level. In an experiential and personally transformative context, you will learn and practice theory and methods for one-on-one educational consulting. Useful innovative techniques, lucid enjoyable demonstrations, daily guided practice time and a relaxed atmosphere offer you a truly unique experience that applies directly to both your personal and professional life & development

- ∞ Explore and transform learning difficulties and hidden agendas for failure.
- ∞ Improve communication, coordination, and organization within the brain and body.
- ∞ Learn successful goal setting
- ∞ Experience a personal breakthrough in relationships and your personal success.
- ∞ Learn acupressure, movement, vision training, and other balancing techniques.
- ∞ Create immediate and cumulative benefits
- ∞ Draw out the excellence available to all of us.
- ∞ Apply learning theory to get practical results
- ∞ Relate observed body movements to life skills

Throughout the course you will be guided towards self directed learning through transformation of personal learning blocks into resources to rediscover joy, ease and wholeness of learning.

### Your Facilitator

**Don Wetsel**, MA, LAc, BCTMB. has studied extensively with Dr. Paul Dennison. In addition to Edu-K In-Depth, he teaches Brain Gym®, Visioncircles, Optimal Brain Organization, Creative Vision, Movement Re-education and Touch for Health®. His extensive training and experience in functional aspects of both western and energetic anatomy and physiology allow him to embody these concepts and effectively teach them to others. He becomes passionate when these concepts become creative and transformational in the Educational Kinesiology 5 step balance process. Don enthusiastically shares his vision of a world where learning is fun and easy. He supports each individual to develop fully and embody excellent health and emotional and spiritual well-being.

*"Don is an incredible teacher. He brings an unconditional loving atmosphere with an intuitiveness that allows a level of trust and comfort to promote learning and growth."* DM



## Seven Dimensions of Intelligence

Increase your understanding of Laterality (Communication), Centering (Organization), and Focus (Comprehension), and add four new dimensions of brain/body integration.

**Motivation** - the relationship of motivation and language acquisition. Hidden agendas for failure.

**Rhythm** - the understanding of cranial movement and its relationship to learning and expression.

**Inspiration** - change the breath-holding reflex to breathing that supports learning and growing.

**Self Management** - create the appropriate brain chemistry to enhance learning in any situation.

### What Others Have Said

*"It deepens your knowledge of Brain Gym and opens the doors to the rest of the vast world of Edu-K.*

JEP, Consultant

*"I threw away 35 years of pain and learned it's OK to exist without it and my addiction to glasses & sunglasses ceased and my far vision improved."*

BG, Elementary School Principal

*"This class is a must! Stopping with Brain Gym® is limiting the experience of being able to go deeper into self-knowledge and resources. I liked the way the relationships between Brain Gym and the In-Depth were made clear. I liked the opportunity to become aware of and release some inner blocks to growth and to facilitate the same experience in others."*

AW, Educational Consultant

*"I've attended a lot of classes in my life. This class is the most far reaching class, I've ever attended."*

RJW, Natural Health Consultant

*"A beautifully integrated healing/educational system that is a gift to be a part of. Life is bigger than my grief. I learned that my needs can and will be met."*

DP, Teacher

*"Take it! Several times! Don's teaching style is one of the most effective I've ever seen. This class deepened and broadened my ability to use and to understand Brain Gym. The information is presented in a manner that is easy to assimilate, with humor and play."*

LW – Edu-K practitioner

### Important Details

**When:** June 13 - 16, 2024

Thurs - Sat 9 am - 6 pm, Sun 9:00 – 4:30.

**Where:** Staunton, Virginia

**Tuition:** \$595 with \$100 non-refundable deposit by May 10. \$650 thereafter.

\$295 review fee (\$75/day)

**Prerequisite:** Brain Gym® required

4 Brain Gym case studies required

Touch for Health® recommended

Please bring your Brain Gym case studies

For Brain Gym or Edu-K In-Depth information contact Don at (540) 886-9453  
dewetsel@gmail.com  
[www.healthtlc.com](http://www.healthtlc.com)

### Please enroll me for the Edu-K In-Depth Training

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ (H) \_\_\_\_\_ (W)

Mobile \_\_\_\_\_ Email \_\_\_\_\_

My Brain Gym Instructor \_\_\_\_\_

Send deposit or payment to  
Health TLC  
536 Calvert Street  
Staunton, Virginia 24401

