

An advanced course designed for Brain Gym® Instructors and Consultants...

Movement Re-Education

A graduate level Brain Gym® course with Don Wetsel, L.Ac.

- *Release old patterns, and experience the joy of movement.*
- *Learn and practice Movement Re-Education techniques and processes.*
- *Acquire additional knowledge of balancing for body-brain organization.*
- *Explore the range of motion of major muscles.*
- *Gain new understanding of muscular and skeletal system relationships.*
- *Discover how to enhance the natural flow of the cerebrospinal fluid.*
- *Enhance your understanding and improve teaching of the Brain Gym® Lengthening Exercises.*

TO BE DETERMINED

Sponsored by Health TLC

(540) 377-9453 dewetsel@cs.com www.healthtlc.com

Fee: \$450.00 when \$100 non-refundable deposit is received by . \$550.00 thereafter.

\$225.00 for review students, when \$50.00 deposit is received by . \$275.00 thereafter.

Open to graduates of the Educational Kinesiology In-Depth course.

About the Course

Movement Re-Education focuses on the relationship between muscle strength and the body's inner awareness of its position in space (proprioception). This course explores how equilibrium and balance are established and maintained through communication between the brain and the neural receptors at the cellular level of the body. Spend three enriching, and expansive days exploring your own unique movement patterns, and integrating a sense of a new body moving in space. This class builds upon what you learned in the Structure Realm of the In-Depth course. We will start by reviewing the four procedures learned in the Movement Re-Ed portion of your In-Depth course, and then we will expand your experience and training by sharing procedures for fourteen additional muscles, which restore core movement to the whole system. You will experience a freedom of movement and relaxation in your body that will allow better integration of the body and mind and allow a new ease to the learning process. It will then be easier to your students and clients in achieving the integration they desire.

***Enrich your training with
Movement Re-Education!***

You will be glad you came to expand your structure realm menu!
This 300 Level course can be used to complete or update your certification with the Educational Kinesiology Foundation.

"True learning must be reflected in the body, and must be connected with the moving, sensing, and doing parts of our being." Paul Dennison, Ph.D., Movement Re-Ed Developer

About your Facilitator

Don E. Wetsel, MA, LAc, NCTMB teaches Brain Gym®, Visioncircles™, Optimal Brain Organization, Touch For Health®, Edu-K In-Depth, Creative Vision and Movement Re-education. Together with his wife, Dr. Susanna Wetsel, DC, he is the co-founder of Health TLC in Fairfield, Virginia. They offer a truly wholistic model for people seeking life enhancement and healthy living. His passion is supporting individuals to achieve their full potential and to live joyful and fulfilling lives. He both understands and teaches the importance of experiential learning so that you will be more prepared and able to support your students, clients and loved ones. His extensive training in Educational Kinesiology, Cranial Therapy, Bodywork, Nutrition, Acupuncture and other transformational processes allows him to demonstrate and explain the processes in a clear, understandable manner. He has the background, training and experience to teach the educational model and to explain the physiology of whole body learning within this experiential context.

You will leave enriched both personally and professionally at many levels.



Brain Gym® is a registered trademark of the Educational Kinesiology Foundation. For more information on the Brain Gym and Edu-K processes, and for a list of licensed instructors and courses near you, please visit the Foundation online at www.braingym.org.