

# OPTIMAL BRAIN ORGANIZATION

*Are you right-handed or left handed? Do you use one eye more than the other?  
Do you sometimes "drop" into the same old pattern when you're under stress?*

## **This Class can help you understand and change these and other experiences**

- Reading difficulty • Lazy Eye • Negative attitude/Unmotivated
- Poor memory • Children who are stuck reading in the "Dick and Jane" mode
- Stuttering • Children (and adults) who don't seem to hear you • Frustration in learning



## **Brain Organization Profiles show sensory and brain preference and implications for:**

- reading • math • writing • memory • motivation
- talking on the phone • relating to people • other life activities
- ... and what happens to your brain when you experience stress

Your Brain Organization Profile gives you a new understanding and appreciation of your own (and others) uniqueness and the special way you function in your world. Your Profile demonstrates how you change, for better or worse, under stress, to cope with the challenges of your life.

Your Facilitator: **Don Wetsel, MA, LAc** is a member of the Educational Kinesiology Foundation International Faculty. He teaches Brain Gym®, Optimal Brain Organization, Visioncircles™, Touch for Health®, Educational Kinesiology In-Depth, Movement Re-education and Creative Vision. He has studied extensively with Dr. Paul Dennison who pioneered and developed this course. Don has the background, knowledge and experience to support you achieving greater integration as you learn about Brain Organization.

## **What you will learn**



The processes you will learn in this course offer the opportunity to access all sensory channels in order to make use of all modalities, bringing positive, healthy, and integrated resources to new learning situations.

- Learn to assess adult's and children's Brain Organization profiles.
- Discover your own Brain Organization Profile.
- Awaken latent gifts and potentials.
- Give new meaning to "Right-brained", "Left-brained", ADD, and other misunderstood labels.
- Understand familial patterns and the role of early learning experiences in determining Organization Profiles.
- Identify and learn the importance of different Profiles (including Uniform, Mixed, and One-Sided).
- Learn and practice ways to balance Brain Organization for greater ease in any learning situation.
- Incorporate Organization Profile tools into your Brain Gym / Edu-K balances.
- Deepen your understanding of the three-dimensional brain.

**When:** August 23 – 24, 2008

**Time:** 9:00 AM – 5:00 PM

**Where:** Fairfield/Staunton, VA

**Tuition:** \$275 with \$50 deposit by August 1  
\$325 thereafter.

**Prerequisite:** Brain Gym®

Please make checks payable and mail to:  
Don Wetsel

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