

Touch For Health® II

Touch for Health I focused on identifying weak muscles and under energy meridians, Touch for Health II will teach you techniques to measure overenergy and thus balance the overall system more effectively. You will learn two new balances which identifies a key muscle/meridian, which when switched on will balance the whole system.

In Balancing According to the Wheel, you will determine the muscle which balances the superficial flow of the meridian energy, while in Balancing According to the Five Elements, you will learn how energy flows in the Creation and Control cycles in order to balance the deeper flow.

Touch for Health II provides a **good review of the muscles, meridians and corrections from Touch for Health I** and provides additional techniques to build your understanding and experience of Kinesiology.

Touch for Health is approved by the NCBTMB as a continuing education provider. CEU's for NCCAOM and nurses

What You Will Learn

- ☞ Learn the location of the alarm points to measure overenergy.
- ☞ Review 14 basic muscles and learn an additional 14+.
- ☞ Learn to Balance According to the Wheel.
- ☞ Learn to Balance According to the Five Elements.
- ☞ Learn additional techniques for switching on muscles.
- ☞ Learn Time of Day Balancing.
- ☞ Advanced Emotional Stress Release
- ☞ Expand your understanding of Pain Control Techniques.

And More!



Don Wetsel, M.A. L.Ac., BCTMB is an Instructor of The Touch For Health Association and an International Faculty Member of The Educational Kinesiology Foundation. He is a classically trained acupuncturist. He has extensive training in kinesiology, bodywork, nutrition, energy work and transformational modalities. His training and experience in functional aspects of both western and energetic anatomy and physiology allow him to embody these concepts and effectively teach them to others. He becomes passionate when these concepts become creative and transformational in kinesiology balance processes.



Touch for Health® II Class Details

Date: November 2 - 3, 2019 **Time:** Sat 9 - 6, Sunday 9 – 4:30

Where: Health TLC, 536 Calvert Street, Staunton, VA

Cost: \$325 (\$275 with \$50 deposit before October 15). \$140 review fee + manual

To Register: Mail \$50 nonrefundable deposit to Health TLC,

536 Calvert Street, Staunton, Virginia 24401

For more information please contact:

Health TLC (540) 886 – 9453

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