

# Touch For Health<sup>®</sup> III - IV

Expand your knowledge of Touch for Health. You will review the 28+ muscles you have learned and gain experience working with 42 muscles. Touch for Health III - IV provides additional techniques to build your understanding and experience of Kinesiology.

## What You Will Learn

- ☞ Review and/or learn all 42 muscle checks.
- ☞ Learn Circuit Retaining Mode.
- ☞ Learn Reactive Muscle Techniques.
- ☞ Five Element Balance with 42 muscles.
- ☞ Learn ESR for accidents - Postural stress relief.
- ☞ Five Element Sound Balance.
- ☞ Identifying Emotional aspects with Goal Balancing
- ☞ Five Element Color Balance
- ☞ Learn acupuncture holding point theory.
- ☞ Test and Correct 6 Gait muscle combinations,
- ☞ Pain Tapping for Chronic Pain.

**And More!**

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**Don Wetsel**, MA, LAc, NCTMB is an Instructor of The Touch For Health Association and an International Faculty Member of The Educational Kinesiology Foundation. He is a classically trained acupuncturist. He has extensive training in kinesiology, bodywork, energy work. His extensive training and experience in functional aspects of both western and energetic anatomy and physiology allow him to embody these concepts and effectively teach them to others. He becomes passionate when these concepts become creative and transformational in kinesiology balance processes. Don enthusiastically shares his vision of a world where learning is fun and easy and teaches people to embody excellent health and emotional and spiritual well-being.

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## Touch for Health<sup>®</sup> III - IV Class Details

**Date:** March 27 – 30, 2010      **Time:** 9:00 AM. - 6:00 PM.

**Where:** Health TLC, Fairfield, Virginia

**Cost:** \$550 (\$500 if \$100 deposit received by March 17)

TFH III only March 27 - 28, \$275. TFH IV only March 29 - 30, \$275.

Prerequisite: Touch for Health I & II

Mail \$100 nonrefundable deposit to:

Health TLC, 5819 North Lee Highway, Suite 2, Fairfield, Virginia 24435

For more information please call:

Health TLC (540) 377 - 9453

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