

# Visioncircles™

Visioncircles grew out of Dr. Paul and Gail Dennison's vast knowledge of, and commitment to, natural vision improvement through sensory development and integration. Visioncircles provides a roadmap to completion of developmental skills through movement, play, art, and vision awareness activities. Each of the eight structured sessions (circles) represents a key to enhanced brain-body functioning. Each circle presents opportunities to recognize and expand perceptual abilities through an exploration of the sensory modalities.

*"Experiencing Visioncircles is a heartsong that develops our entire sensory perceptions."*

K D, Virginia Beach

## EXPERIENCE:

- Enhanced sensory awareness.
- Joyful personal growth.
- The power of playful movement.
- More comprehensive understanding of Brain Gym®.
- Relationship between vision, brain integration and learning.

*"I stopped wearing my glasses except for reading and writing. You will be amazed at the changes in both in your vision and yourself."*

B T, Retired

*"I experienced a release of visual pressure behind my eyes, a physical whole body release and a face lift! This class is a must to enhance your personal visual skills."*

V A, Speech Language Pathologist

## Improve Your Perceptual Skills

☞ **Visual:** Improve Focus, Creative Imagination, Artistic pleasure, Active Vision

☞ **Centering:** Personal ease, Improve organization of thoughts, Increase creativity & self-expression.

☞ **Auditory:** Improve memory, Fine tune listening abilities, Increase ability to relax and quiet thoughts, Improve voice resonance.

☞ **Kinesthetic:** Fluid movement coordination, Sense of space and direction, Improvement of fine motor skills.

*"I loved the playfulness in simple, but profound learning, and the stirring of the imagination. Thanks Don for your excellent facilitation and sharing of knowledge and experience."*

M H, Public Health Nurse

## Your Facilitator

**Don Wetsel, MA, LAc, NCBTMB** is a member of the Educational Kinesiology International Faculty. He has studied extensively with Dr. Paul Dennison, Ph.D., and other Edu-K faculty. His love of life and his nurturing support of those who want to live and learn joyfully create a safe environment for personal experiential learning.

*"Don has the necessary balance between knowledge, technology, and intuition to allow each individual freedom of expression and uniqueness of experience."*

M A, Kennesaw, GA

**Where:** Staunton, Virginia  
Brain Gym® is a pre-requisite.

**When:** To Be Determined  
Friday, 9 a.m. – 9 p.m.  
Saturday 9 – 6, Sunday 8:30 – 4:30

**Tuition:** \$395 – if you send a \$50 deposit which must be received by to hold your space  
\$445 if deposit received after  
\$195 fee for participants repeating the course.

Mail \$50 nonrefundable deposit to:  
Health TLC

5819 North Lee Highway, Suite 2  
Fairfield, Virginia 24435

For more information please call:  
Don Wetsel (540) 377 – 9453

Email: [dewetsel@cs.com](mailto:dewetsel@cs.com)

[www.healthtlc.com](http://www.healthtlc.com)