

Visioncircles™

Visioncircles grew out of Dr. Paul and Gail Dennison's vast knowledge of, and commitment to, natural vision improvement through sensory development and integration. Visioncircles provides a roadmap to completion of developmental skills through movement, play, art, and vision awareness activities. Each of the eight structured sessions (circles) represents a key to enhanced brain-body functioning. Each circle presents opportunities to recognize and expand perceptual abilities through an exploration of the sensory modalities.

"Experiencing Visioncircles is a heartsong that develops our entire sensory perceptions."

K D, Virginia Beach

EXPERIENCE:

- Enhanced sensory awareness.
- Joyful personal growth.
- The power of playful movement.
- More comprehensive understanding of Brain Gym®.
- Relationship between vision, brain integration and learning.

"I stopped wearing my glasses except for reading and writing. You will be amazed at the changes in both in your vision and yourself."

B T, Retired

"I experienced a release of visual pressure behind my eyes, a physical whole body release and a face lift! This class is a must to enhance your personal visual skills."

V A, Speech Language Pathologist

Improve Your Perceptual Skills

☞ **Visual:** Improve Focus, Creative Imagination, Artistic pleasure, Active Vision

☞ **Centering:** Personal ease, Improve organization of thoughts, Increase creativity & self-expression.

☞ **Auditory:** Improve memory, Fine tune listening abilities, Increase ability to relax and quiet thoughts, Improve voice resonance.

☞ **Kinesthetic:** Fluid movement coordination, Sense of space and direction, Improvement of fine motor skills.

"I loved the playfulness in simple, but profound learning, and the stirring of the imagination. Thanks Don for your excellent facilitation and sharing of knowledge and experience."

M H, Public Health Nurse

Your Facilitator

Don Wetsel, MA, LAc is a member of the Educational Kinesiology International Faculty. He has studied extensively with Dr. Paul Dennison, Ph.D., and other Edu-K faculty. His love of life and his nurturing support of those who want to live and learn joyfully create a safe environment for personal experiential learning.

"Don has the necessary balance between knowledge, technology, and intuition to allow each individual freedom of expression and uniqueness of experience."

M A, Kennesaw, GA

Where: Fairfield, Virginia
Brain Gym® is a pre-requisite.

When: September 16 - 18, 2011
Friday, 9 a.m. – 9 p.m.
Saturday 9 – 6, Sunday 8:30 – 4:30

Tuition: \$375 – if you send a \$50 deposit which must be received by August 25 to hold your space
\$425 if deposit received after August 25
\$190 fee for participants repeating the course.

Mail \$100 nonrefundable deposit to:
Health TLC

5819 North Lee Highway, Suite 2N
Fairfield, Virginia 24435

For more information please call:
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www.healthtlic.com